

West Point Grey Blues



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Description: 4-Wall Line Dance, 32 counts, Easy Beginner Level

Choreography: Coordinated by Bill Bader

from input by class members of the West Point Grey Lawn Bowling Club, Vancouver, B.C., Canada.

To wrap up a 10-week Beginner Line Dance Class, I suggested that we put together some of our favorite moves or come up with new ones.

This very easy and fun dance is the result.

Music:

“Step Right Up” by Cactus Choir (127 bpm) on CD “Line Dance Fever”

“Fresh Coat Of Paint” by Lee Roy Parnell (124 bpm)

“Swingin” by John Anderson (112 bpm) – for a very slow option

FORWARD, TOE, BACK, TOE, FORWARD, TOE, BACK, TOE

1 Step R forward

2 Touch L toe diagonally forward/left

3 Step L back

4 Touch R diagonally back/right

5-8 Repeat 1-4

1/4 TURN LEFT FOR A RIGHT VINE, HEEL, LEFT VINE, HEEL

9 Step R forward turned 1/4 to the left

10 Cross-Step L behind R

11 Sidestep R

12 Tap L heel forward/left

13 Sidestep L

14 Cross-Step R behind L

15 Sidestep L

16 Tap R heel forward/right

BACK, HEEL/CLAP 4 X

17-18 Step R back, Tap L heel forward/left and Clap

19-20 Step L back, Tap R heel forward/right and Clap

21-22 Step R back, Tap L heel forward/left and Clap

23-24 Step L back, Tap R heel forward/right and Clap

FORWARD, TOGETHER, CLICK HEELS TWICE,

“BOWL” FORWARD WITH A BIG STEP LEFT FWD , SLIDE RIGHT TOE

25 Step R forward

26 Step (or Stomp) L beside R

27 Click heels together (Technically, we fan heels out on the & prior to 27)

28 Click heels together (ditto prior to 28)

29 Step L forward (Large Step)

30-31-32 Slide R toe forward closing for 3 counts. This should feel a little like bowling.

You can even swing your right arm back then forward. And remember:

A good bowler always follows through!

End of pattern. Begin again...

Linedance Stompers - keep on line dance!

Supplied by: Tukta R.W | Contact: linedancestompers@gmail.com | Source: <http://www.linedancestompers.de/stepsheets/west-point-grey-blues/>