

## Old Pop - In An Oak



Old Pop In An Oak

Choreographed by Minna Liljamo 6-Nov-2002

Description: 32 count, 2 wall, beginner/intermediate contra dance

Musik: Old Pop In An Oak by The Rednex

### HEEL-BALL-CROSSES, ROCK SIDE, SAILOR STEP

1&2 Touch right heel forward, step ball of right side, step left across right

3&4 Repeat steps 1&2

5-6 Rock right side, step left in place

7&8 Cross right behind left, step left side, step right in place

### FORWARD SHUFFLES, PIVOT TURN, STEP SIDE

1&2 Shuffle forward left-right-left (crossing the opposite line)

3&4 Shuffle forward right-left-right

5-6 Step left forward, pivot ½ left (weight on right)

7-8 Step left side, step right beside left

### HEEL SWITCHES, FORWARD SHUFFLE, KICK-BALL-STEP

1& Touch left heel forward, step left beside right

2& Touch right heel forward, step right beside left

3&4& Repeat steps 1&2&

5&6 Shuffle forward left-right-left

7&8 Kick right forward, step ball of right beside left, step left forward

### CLAPS, TOE TOUCHES

1-2 Clap hands with the dancer in front of you (1), clap your own hands together (2)

3&4 Clap hands with the dancer in front of you (3), clap your own hands together twice (&4)

5& Touch right toe side, step right beside left

6& Touch left toe side, step left beside right

7&8 Touch right toe side, hitch right knee, touch right beside left

(Dieses Stepsheet wurde von Rapeepun Wolfspurger für LD-Kurs gemacht am 29.01.08)