

NADA 'NUFF



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Choreographed by Janet L. Humphrey; Ramsey, NJ; (201) 327-5330.

This step description compliments of The Information Super Dance Floor

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TYPE: 4-Wall Line Dance

COUNT/STEPS: 32-Count // 38-Steps/Movements

LEVEL: Beginner/Intermediate

MUSIC: Little Bit Is Better Than Nada by Texas Tornados (Cibola Extended Nada Mix)

– Begin at vocals (after several count lead-in)

BEATS/

COUNTS STEP DESCRIPTION

1-8 SIDE TOUCHES, BODY ROLL L, CROSS/ROCK STEP, FULL 3-STEP TURN R

1&2 Touch Right toe out to right side (1), Step on Right foot next to Left (&),

Touch Left toe out to left side (2)

3-4 2-count hip circle: back, right, forward, then shifting full weight to Left foot

5-6 Rock forward onto Right foot, crossing over Left (5), return weight to Left foot (6)

7&8 3-Step turn right,

step backward onto Left foot (&), turning 1/2 turn right, step forward onto Right foot

9-16 CROSS/ROCK STEP, TRIPLE (CHA-CHA) LEFT, KICK R FWD, 1/4 TURN R/STEP, SLIDE L

9-10 Rock forward onto Left foot, crossing over Right, return weight to Right foot

11&12 Triple step to the left: Left (11), Right together (&), Left (12)

13-14 Kick Right foot forward (13), turning 1/4 turn right, step to the right on Right foot

(take a little bit wider step than shoulder width apart) (14)

15-16 Keeping weight on Right foot, slide Left foot over toward Right for two counts

17-24 ROCK FWD L, Retn R, COASTER STEP, ROCK FWD R, Retn L, ROCK BKWD R, Retn L

17-18 Rock forward onto Left foot, return weight to Right foot

19&20 Left coaster step: step backward onto Left foot (19), step Right foot next to left (&),

step forward onto Left foot (20)

21-22 Rock forward onto Right foot, return weight to Left foot

23-24 Rock backward onto right foot, return weight to Left foot

25-32 TRIPLE (CHA-CHA) FWD, ROCK STEP, TRIPLE (CHA-CHA) BKWD, ROCK STEP

25&26 Triple step forward: Right (25), Left together (&), Right (26)

27-28 Rock forward onto Left foot, return weight to Right foot

29&30 Triple step backward: Left (29), Right together (&), Left (30)

31-32 Rock backward onto Right foot, return weight to Left foot

Repeat Entire Dance and Have Fun!

*Step Sheet/Description based on that given in/by Steppin' Out, The Dance Card (14)