

Bare Essentials (new)



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Choreographed by Ally Crabtree

Description: 64 count, 4 wall, line dance

Musik: Bare Essentials by Lee Kernaghan

1-3 Swivel right heel right, swivel right toes right, swivel right heel center

4 Touch left toes beside right instep

5-6 Step left turning $\frac{1}{4}$ left, touch right toes beside left instep

7-8 Step right turning $\frac{1}{4}$ right, step left beside right instep

1-3 Swivel left heel left, swivel left toes left, swivel left heel center

4 Touch right toes beside left instep

5-6 Step right turning $\frac{1}{4}$ right, touch left toes beside right instep

7-8 Step left turning $\frac{1}{4}$ left, touch right toes beside left instep

1-2 Kick right heel forward at a diagonal step right behind left

3-4 Kick left heel forward at a diagonal, step left behind right

5-6 Kick right heel forward at a diagonal, step right behind left

7-8 Kick left heel forward at a diagonal, step left behind right

1&2 Shuffle right forward (right, left, right)

3-4 Step left forward, pivot $\frac{1}{2}$ turn right

5&6 Shuffle left forward (left, right, left)

7-8 Step right forward, pivot turn $\frac{1}{4}$ left

1-2 Touch right heel forward at a diagonal, brush right up to right knee

3-4 Touch right heel forward at a diagonal, step right beside left

5-6 Touch left heel forward at a diagonal, brush left up to left knee

7-8 Touch left heel forward at a diagonal, step left beside right

1-2 Jump with feet apart, jump crossing right over left

3-4 Unwind turn $\frac{1}{2}$ left, clap

5-6 Jump with feet apart, jump crossing left over right

7-8 Unwind $\frac{1}{2}$ turn right, clap

1-2 Touch right to right, step right behind left turning $\frac{1}{2}$ right

3-4 Touch left toe to left, step left beside right

5-6 Touch right to right, step right behind left turning $\frac{1}{2}$ right

7-8 Touch left to left, step left beside right

1 Swivel left heel and right toes right (commencing $\frac{1}{2}$ turn right)

2 Swivel right heel and left toes right (continuing $\frac{1}{2}$ turn right)

3 Swivel left heel and right toes right (continuing $\frac{1}{2}$ turn right)

4 Swivel right heel and left toes right (continuing $\frac{1}{2}$ turn right)

5 Swivel left heel and right toes right (continuing $\frac{1}{2}$ turn right)

6 Swivel right heel and left toes right (continuing $\frac{1}{2}$ turn right)

7 Swivel left heel and right toes right (continuing $\frac{1}{2}$ turn right)

8 Swivel right heel and left toes to center (completing turn $\frac{1}{2}$ right)

(Dieses Stepsheet wurde von Rapeepun Wolfsperger für LD-Kurs gemacht am 29.11.05)

Linedance Stompers - keep on line dance!

Supplied by: Tukta R.W | Contact: linedancestompers@gmail.com | Source: <http://www.linedancestompers.de/stepsheets/bare-essentials-new/>