

Adalida



Choreographed by Mikael Segercrantz & Marja Viinamäki 3-Mar-2003

Description: 32 count, 4 wall, beginner line dance

Music: Adalida by George Strait [152 bpm Twostep

CHARLESTON

1-2 Step forward right, kick left

3-4 Step left backward, touch right next to left

GRAPEVINE RIGHT

5-6 Step right to side, cross left behind right

7-8 Step right to side, scuff left

CHARLESTON

9-10 Step forward left, kick right

11-12 Step right backward, touch left next to right

GRAPEVINE LEFT

13-14 Step left to side, cross right behind left

15-16 Step left to side, scuff right

SCOOTS

17-18 Scoot forward on right, scoot forward on right

19-20 Scoot forward on left, scoot forward on left

SIDE TOUCHES

21-22 Touch right to side, step right together

23-24 Touch left to side, step left together

MONTEREY ½ TURN RIGHT

25-26 Touch right to side, turn ½ turn right stepping right next to left

27-28 Touch left to side, step left together

JAZZ BOX WITH ¼ TURN RIGHT

29-30 Step right across left, step left backward

31-32 Step right to side turning ¼ turn right, step left next to right

REPEAT

You can replace the side touches (steps 21-24) with jumping jacks, and the Monterey turn (steps 25-28) with unwinding jumping jacks as follows:

21-22 Jump feet apart, jump crossing left in front of right

23-24 Jump feet apart, jump feet next to each other

25-26 Jump feet apart, jump crossing left in front of right

27-28 Unwind, hold

Dieses Stepsheet wurde von Rapeepun Wolfsperger gemacht am 29.11.05)